秀峰禪院
Su Bong Zen Monastery
修行功課迴向表
The Practice Dedication Form

請將每日所做的功課記錄下來，並於每月月底以電郵或傳真交回寫字樓。
Please note down your daily practice into this form and send it to us by e-mail or fax by end of each month.

姓名 Name				法名 Dharma Name			
日期 Date	念誦（遍數） Chanting (No.)			禮佛 Bowing	禪坐 Sitting Meditation	禪院活動 Practicing	其他 Others
	佛號 Mantra	大悲咒 Great Dharani	心經 Heart Sutra	(次數) No.	(分鐘) Minutes	1次/星期 1Time/Week	

願以此功德迴向 May the merit of practice be dedicated to

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The Merit Practice Form

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香港銅鑼灣禮頓道32號星華大廈5字樓
32 Leighton Road, 5/F. Starlight House, Causeway Bay, Hong Kong
Tel : 28919315 Fax : 25750093 e-mail :info@subong.org.hk

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